

FRASER NORTH ZONE CHAMPIONSHIPS

Coquitlam, BC

Mundy Park

October 25, 2023



OFFICIAL MEET REPORT

printed: 2023-10-25 8:34 PM

Race #1
Jr Boys 4k (Junior)
Final Results
TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Heritage Woods	45	2-5-17-21(52)(84)	1:06:17
2 Ecole Dr Charles Bes	46	6-9-13-18(20)(34)(46)	1:06:45
3 Burnaby Mountain Se	52	7-11-15-19(22)(30)(40)	1:07:22
4 Archbishop Carney R	72	8-12-25-27(36)(48)(63)	1:09:12
5 St Thomas More Coll	103	10-26-32-35(55)(67)(80)	1:11:26
6 Gleneagle Secondary	109	4-14-33-58(69)(77)	1:10:55
7 Port Moody Secondar	121	23-28-29-41(42)(49)(53)	1:13:00
8 Maple Ridge Second	141	3-43-44-51(61)(62)(85)	1:12:48
9 Burnaby North Secon	156	1-31-59-65(70)(74)(76)	1:13:47
10 Cariboo	157	16-38-39-64(82)	1:15:10
11 Moscrop Secondary	175	24-47-50-54(72)(78)(81)	1:15:40
12 Pitt Meadows Second	241	56-57-60-68	1:20:32
13 Byrne Creek Commu	259	45-66-73-75	1:23:42
14 British Columbia Chri	270	37-71-79-83	1:28:12

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
31 GARGIULO, Giuseppe	SO	543	St Thomas Mor	26	18:05.5	3:12.8
32 BENJAMIN, Delvin	FR	110	Archbishop Car	27	18:07.6	3:14.9
33 LUO, Lawrence	SO	470	Port Moody Sec	28	18:07.9	3:15.2
34 LOPEZ, Alejandro	SO	468	Port Moody Sec	29	18:09.5	3:16.8
35 GHANASON, Jonah	FR	153	Burnaby Mount	(30)	18:10.2	3:17.5
36 YANG, Benjamin	SO	140	Burnaby Centra	-	18:10.3	3:17.6
37 MULLIN, Alexander	8	197	Burnaby North	31	18:11.7	3:19.0
38 LU, Muyao	8	370	Maple Ridge C	-	18:13.7	3:21.0
39 BURDETT, Cole	SO	506	Riverside	-	18:13.9	3:21.2
40 BREEDVELD, Micah	8	530	Samuel Robert	-	18:14.8	3:22.1
41 HOANG, Nathan	8	546	St Thomas Mor	32	18:18.8	3:26.1
42 BHALLA, Aash	FR	290	Gleneagle Seco	33	18:19.6	3:26.9
43 NORENA, Emilio	FR	269	Ecole Dr Charle	(34)	18:20.0	3:26.3
44 PIANO, Guio Miguel	SO	552	St Thomas Mor	35	18:27.1	3:34.4
45 RIVERA, Liam	8	121	Archbishop Car	(36)	18:27.2	3:34.5

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 CLARKE, Elijah	SO	187	Burnaby North	1	14:52.7	---
2 BILLY, Thiele-Crocker	SO	330	Heritage Wood	2	15:23.8	31.1
3 CONKIN, Kalen	FR	507	Riverside	-	15:28.8	36.1
4 HEADLEY, Gabriel	SO	378	Maple Ridge Se	3	15:42.4	49.7
5 BARRETT, Asher	SO	289	Gleneagle Seco	4	15:47.2	54.5
6 XAVIER, Wu	SO	338	Heritage Wood	5	15:52.2	59.5
7 FAZACAS, Joshua	SO	262	Ecole Dr Charle	6	15:56.9	1:04.2
8 ABOHALAKA, Muhann	FR	146	Burnaby Mount	7	15:57.0	1:03.3
9 SUTHERLAND, Xavier	FR	125	Archbishop Car	8	16:17.2	1:24.5
10 GUYDUY, Sasha	FR	263	Ecole Dr Charle	9	16:23.8	1:31.1
11 GIOVINAZZO, Remo	SO	544	St Thomas Mor	10	16:34.7	1:42.0
12 PHILLIPS, Brock	SO	571	Terry Fox Seco	-	16:35.3	1:42.6
13 GRADWELL, Connor	SO	155	Burnaby Mount	11	16:37.9	1:45.2
14 SABISTON, Jake	8	122	Archbishop Car	12	16:43.7	1:51.0
15 ADDAH, Jayden	FR	258	Ecole Dr Charle	13	16:51.5	1:58.8
16 RUAN, Coby	SO	303	Gleneagle Seco	14	17:00.1	2:07.4
17 FONG, Linus	FR	150	Burnaby Mount	15	17:07.8	2:15.1
18 ROJAS, Max	8	372	Maple Ridge C	-	17:09.7	2:17.0
19 BERTOIA, Luca	SO	598	Cariboo	16	17:13.6	2:20.9
20 BEN, Helem	FR	329	Heritage Wood	17	17:15.5	2:22.8
21 GOOLD, Liam	SO	235	Burnaby South	-	17:21.9	2:29.2
22 HANDYSIDE, Camero	SO	265	Ecole Dr Charle	18	17:32.7	2:40.0
23 KOHLI, Joshua	SO	158	Burnaby Mount	19	17:38.9	2:46.2
24 MORELAND, Finn	FR	424	New Westminst	-	17:40.9	2:48.2
25 HAN, Frederick	FR	264	Ecole Dr Charle	(20)	17:42.1	2:49.4
26 WILL, Turpin	FR	337	Heritage Wood	21	17:45.3	2:52.6
27 SENICHENKO, Oliver	8	168	Burnaby Mount	(22)	17:48.0	2:54.3
28 LIU, Steven	SO	467	Port Moody Sec	23	17:51.1	2:58.4
29 MURPHY, Jake	SO	396	Moscrop Secon	24	17:55.9	3:03.2
30 RENWICK, Matthew	FR	120	Archbishop Car	25	18:03.3	3:10.6
46 KELLY, Spencer	SO	584	British Columbi	37	18:36.2	3:43.5
47 WU, Yi Cheng	SO	139	Burnaby Centra	-	18:36.5	3:43.8
48 SHIRMO, Parsa	8	596	Cariboo	38	18:37.7	3:45.0
49 CLARK, Brennan	FR	591	Cariboo	39	18:38.8	3:46.1
50 KOYAMA, Taiki	SO	159	Burnaby Mount	(40)	18:50.8	3:58.1
51 WONG, Lance	SO	479	Port Moody Sec	41	18:51.2	3:58.5
52 CHEN, Leon	SO	452	Port Moody Sec	(42)	18:51.8	3:59.1
53 CRANNA, William	SO	374	Maple Ridge Se	43	18:54.8	4:02.1
54 ARCOS, Isaac	FR	373	Maple Ridge Se	44	18:55.9	4:03.2
55 MONIZ DE SA, Tose	SO	164	Burnaby Mount	-	18:56.0	4:02.3
56 THOMAS, Kingsley	SO	254	Byrne Creek Co	45	18:56.6	4:03.9
57 THOMSON, Henry	8	288	Ecole Glenbroo	-	18:57.5	4:04.8
58 ENGLUND, Charlie	FR	260	Ecole Dr Charle	(46)	18:58.5	4:05.8
59 BERNDT, Haydn	8	391	Moscrop Secon	47	19:02.8	4:10.1
60 MADDALOZZO, Daniel	8	116	Archbishop Car	(48)	19:06.3	4:13.6
61 LI, Richard	FR	464	Port Moody Sec	(49)	19:06.4	4:13.7
62 ZHANG, Victor	FR	405	Moscrop Secon	50	19:14.4	4:21.7
63 TSYGANOV, Vsevolod	SO	603	Maple Ridge Se	51	19:14.8	4:22.1
64 ANDREW, Kim	SO	328	Heritage Wood	(52)	19:14.9	4:22.2
65 LEUNG, Ayden	FR	462	Port Moody Sec	(53)	19:15.7	4:23.0
66 COLLINS, Marcus	8	234	Burnaby South	-	19:17.1	4:24.4
67 MAYA, Amel Afani	SO	423	New Westminst	-	19:22.8	4:30.1
68 SVANGTON, Reilly	SO	609	Centennial	-	19:23.3	4:30.6
69 HSU, Hansen	SO	394	Moscrop Secon	54	19:26.3	4:33.6
70 GONZALEZ, Diego	SO	545	St Thomas Mor	(55)	19:38.7	4:46.0
71 GUBERT, Nathan	FR	446	Pitt Meadows S	56	19:39.8	4:47.1
72 CHEUNG, Sai Lun	SO	363	John Knox Chri	-	19:44.9	4:52.2
73 KOVACS, Jack	SO	448	Pitt Meadows S	57	19:46.6	4:53.9
74 WOOD, Hayden	FR	307	Gleneagle Seco	58	19:47.5	4:54.8
75 LIU, Jordan	FR	193	Burnaby North	59	19:47.9	4:55.2
76 SUN, Matt	SO	272	Ecole Dr Charle	-	19:50.9	4:58.2

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Race #1
Jr Boys 4k (Junior)
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Athlete	YR	#	Team	Score	Time	Gap
77 KWON, Arron	FR	459	Port Moody Sec	-	19:52.7	5:00.0	123 SUN, Teddy	8	103	Alpha Secondar	-	22:51.4	7:58.7
78 LEMAY, Austin	8	449	Pitt Meadows S	60	19:53.4	5:00.7	124 UM, Ji Han	FR	170	Burnaby Mount	-	22:55.2	8:02.5
79 KAPDIA, Om	FR	457	Port Moody Sec	-	19:57.5	5:04.8	125 CHOW, Linden	FR	540	St Thomas Mor	-	23:11.2	8:18.5
80 MA, Ryan	FR	163	Burnaby Mount	-	20:12.3	5:19.6	126 MADDALOZZO, Jerem	SO	117	Archbishop Car	-	23:20.5	8:27.8
81 TIAN, Neil	FR	475	Port Moody Sec	-	20:12.6	5:19.9	127 DEKOVIC, Dario	JR	541	St Thomas Mor	-	23:22.3	8:29.6
82 MCGHIE-KEATS, Willi	8	379	Maple Ridge Se	(61)	20:13.1	5:20.4	128 SONG, Inhoo	8	205	Burnaby North	-	23:23.8	8:31.1
83 KEELER, Joseph	JR	606	Centennial	-	20:13.3	5:20.6	129 CHEUNG, Jasper	FR	594	Cariboo	(82)	23:37.8	8:45.1
84 SAINI, Mudit	8	382	Maple Ridge Se	(62)	20:13.4	5:20.7	130 IVANKOVIC, Mark	FR	137	Burnaby Centra	-	23:50.8	8:58.1
85 SHIN, William	SO	473	Port Moody Sec	-	20:17.5	5:24.8	131 PURI, Krish	8	553	St Thomas Mor	-	23:56.7	9:04.0
86 LAXAMANA, Bien Fran	FR	161	Burnaby Mount	-	20:21.3	5:28.6	132 SHEN, Stephen	SO	203	Burnaby North	-	24:00.7	9:08.0
87 TSUI, Jayden	8	169	Burnaby Mount	-	20:22.5	5:29.8	133 CHONG, Aiden	FR	568	Terry Fox Seco	-	24:02.3	9:09.6
88 SCHULTZ, Logan	8	123	Archbishop Car	(63)	20:31.1	5:38.4	134 YEW, Daniel	FR	208	Burnaby North	-	24:11.0	9:17.3
89 TSAI, Meng Che	8	592	Cariboo	64	20:39.4	5:46.7	135 MOLA, Coen	FR	195	Burnaby North	-	24:32.2	9:39.5
90 LEE, Leo (Dongseok	SO	435	Pinetree Secon	-	20:41.3	5:48.6	136 VILLANUEVA, Christop	FR	572	Terry Fox Seco	-	25:12.9	10:20.
91 HASHEMI, Rayan	JR	434	Pinetree Secon	-	20:46.2	5:53.5	137 LAM, Isaac	FR	113	Archbishop Car	-	25:19.4	10:26.
92 PAN, Vincent	FR	198	Burnaby North	65	20:54.4	6:01.7	138 MA, Xiao	FR	581	British Columbi	83	25:29.5	10:36.
93 CHADDHA, Krishay	FR	148	Burnaby Mount	-	20:55.3	6:02.6	139 ADAM, Bissonnette	SO	324	Heritage Wood	(84)	25:36.1	10:43.
94 TAM, Logan	FR	104	Alpha Secondar	-	20:55.9	6:03.2	140 SANTOS, Nathan	8	555	St Thomas Mor	-	25:44.4	10:51.
95 KOH, Dominic	FR	253	Byrne Creek Co	66	20:56.6	6:03.9	141 HALIM, Nathan	SO	111	Archbishop Car	-	26:07.3	11:14.
96 WANG, Sam	FR	478	Port Moody Sec	-	21:00.2	6:07.5	142 LI, Ivan	8	114	Archbishop Car	-	26:21.1	11:28.
97 LIOU, Jaden	JR	550	St Thomas Mor	(67)	21:03.5	6:10.8	143 HYDE, David	SO	607	Centennial	-	26:34.1	11:41.
98 TIAN, Jerry	SO	474	Port Moody Sec	-	21:11.0	6:17.3	144 KASANA, Aarya	SO	547	St Thomas Mor	-	27:03.5	12:10.
99 EAVES, Ben	SO	445	Pitt Meadows S	68	21:12.0	6:18.3	145 ANOOP, Niranjana	8	287	Ecole Glenbroo	-	27:07.4	12:14.
100 WILSON, Christian	SO	306	Gleneagle Seco	(69)	21:29.4	6:36.7	146 REMETIO, Rai	FR	381	Maple Ridge Se	(85)	27:52.3	12:59.
101 MADALA, Daniel	FR	612	Port Moody Sec	-	21:33.3	6:40.6	147 ZHAO, Lucas	FR	487	Port Moody Sec	-	28:27.7	13:35.
102 KUYPERS, Ethan	SO	190	Burnaby North	(70)	21:35.7	6:43.0	148 WANG, Eric	FR	477	Port Moody Sec	-	30:14.8	15:22.
103 JEONG, Andy	FR	582	British Columbi	71	21:39.6	6:46.9	149 SWATSKY, Dylan	SO	573	Thomas Haney	-	30:15.4	15:22.
104 THIYAGARAJAN, Kav	8	400	Moscrop Secon	(72)	21:40.1	6:47.4	-- OSHUN, Moses	FR	371	Maple Ridge C	-	DNF	
105 TIBBLES, Jacob	FR	255	Byrne Creek Co	73	21:43.1	6:50.4	-- HOFFMANN, Nikolas	FR	101	Alpha Secondar	-	DNF	
106 LIN, Jerome	8	192	Burnaby North	(74)	21:54.1	7:01.4	-- MABANTA, Style	FR	115	Archbishop Car	-	DNF	
107 ETHAN, OCHOCA	FR	421	New Westminst	-	21:55.3	7:02.6	-- KANG, Tayne	8	112	Archbishop Car	-	DNF	
108 LI, Rick - Runzhe	FR	437	Pinetree Secon	-	21:55.8	7:03.1	-- SCIGLIOTTI WINDEY,	SO	271	Ecole Dr Charle	-	DNF	
109 YE, Brian	SO	484	Port Moody Sec	-	22:00.1	7:07.4	-- BURKE, Isiah	FR	259	Ecole Dr Charle	-	DNF	
110 LEE, Ethan	FR	365	John Knox Chri	-	22:04.3	7:11.6	-- GOO, Ken	8	597	Cariboo	-	DNF	
111 CASTILLO, Rendel	FR	248	Byrne Creek Co	75	22:05.5	7:12.8	-- BRIAN, Xu	SO	331	Heritage Wood	-	DNF	
112 MARKOVITCH, Joshua	8	194	Burnaby North	(76)	22:08.6	7:15.9	-- AIDAN, Palm	SO	326	Heritage Wood	-	DNF	
113 SCHUETT, Justin	FR	304	Gleneagle Seco	(77)	22:19.8	7:27.1	-- QUINN, Odin	8	201	Burnaby North	-	DNF	
114 GAUTAM, Krish	SO	393	Moscrop Secon	(78)	22:20.9	7:28.2	-- WEI, Frankie	8	206	Burnaby North	-	DNF	
115 SHIU, Khalil	FR	583	British Columbi	79	22:26.6	7:33.9	-- ROUTH, Percy	SO	202	Burnaby North	-	DNF	
116 GARCIA ABREGO, AL	SO	542	St Thomas Mor	(80)	22:27.2	7:34.5	-- CLARKE, Joshua	8	188	Burnaby North	-	DNF	
117 SHEN, Yunhao	SR	124	Archbishop Car	-	22:36.8	7:44.1	-- KIM, Gloryel	FR	189	Burnaby North	-	DNF	
118 ROBINSON, Luke	FR	398	Moscrop Secon	(81)	22:36.9	7:44.2	-- CHAO, Derek	8	392	Moscrop Secon	-	DNF	
119 MCINTYRE, Adam	SO	395	Moscrop Secon	-	22:37.6	7:44.9	-- WU, Reagan	8	403	Moscrop Secon	-	DNF	
120 CANIL, James	SO	538	St Thomas Mor	-	22:44.3	7:51.6	-- SHAPOVALOV, Mark	SO	399	Moscrop Secon	-	DNF	
121 LE, Ethan	FR	460	Port Moody Sec	-	22:50.0	7:56.3	-- WU, Ryan	SO	404	Moscrop Secon	-	DNF	
122 LEUNG, Ho Tak	SO	549	St Thomas Mor	-	22:50.5	7:57.8	-- LUI, Jordan	8	162	Burnaby Mount	-	DNF	

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Race #1
Jr Boys 4k (Junior)**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
-- OONOFREI, Victor	8	165	Burnaby Mount	-		DNF
-- TAKAHASHI, Luca	8	384	Maple Ridge Se	-		DNF
-- SAWYER, Michael	SO	557	St Thomas Mor	-		DNF
-- WU, Nestor	SO	308	Gleneagle Seco	-		DNF
-- CHO, Brian	JR	291	Gleneagle Seco	-		DNF
-- AHN, David	JR	585	British Columbi	-		DNF
-- CHAN, Joash	JR	586	British Columbi	-		DNF
-- CHOW, Alex	8	593	Cariboo	-		DNF
-- LING, Cedric	8	595	Cariboo	-		DNF

FRASER NORTH ZONE CHAMPIONSHIPS

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Mundy Park

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Race #2
Jr Girls 4k (Junior)
Final Results
TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Heritage Woods	19	2-4-5-8(29)(31)(32)	1:14:34
2 Burnaby North Secon	60	1-15-20-24(34)(36)(40)	1:21:05
3 Alpha Secondary	72	3-7-27-35	1:21:31
4 St Thomas More Coll	76	10-17-21-28(30)	1:23:21
5 Moscrop Secondary	81	6-13-25-37(51)(52)(53)	1:23:14
6 Archbishop Carney R	100	11-18-23-48	1:27:28
7 Riverside	102	9-12-38-43(44)(57)	1:25:44
8 Ecole Dr Charles Bes	113	16-19-33-45(47)	1:27:56
9 Port Moody Secondar	128	14-26-39-49(50)(55)(56)	1:30:12
10 Burnaby South Secon	151	22-41-42-46(54)(58)	1:32:23

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
35 RUBY, Goodison	FR	359	Heritage Wood	(29)	21:49.1	3:42.2
36 CAHILL, Caitlin	SO	560	St Thomas Mor	(30)	21:57.2	3:50.3
37 ADDISON, Nielsen	FR	340	Heritage Wood	(31)	22:02.7	3:55.8
38 ELLIE, Powell	FR	347	Heritage Wood	(32)	22:04.6	3:57.7
39 QU, Melodie	SO	282	Ecole Dr Charle	33	22:23.2	4:16.3
40 CHIU, Lauryn	8	213	Burnaby North	(34)	22:23.6	4:16.7
41 WILSON, Lauren	8	109	Alpha Secondar	35	22:24.4	4:17.5
42 ZHANG, Michelle	SO	233	Burnaby North	(36)	22:35.0	4:27.1
43 PALBISKI, Julia	SO	415	Moscrop Secon	37	22:40.7	4:33.8
44 CLARKE, Haley	SO	515	Riverside	38	22:42.9	4:36.0
45 PENG, Avery	SO	502	Port Moody Sec	39	22:53.0	4:45.1
46 LIU, Selina	SO	221	Burnaby North	(40)	22:57.8	4:50.9
47 MACDONALD, Brora	FR	243	Burnaby South	41	23:00.5	4:53.6
48 WANG, Grace	FR	228	Burnaby North	-	23:00.6	4:53.7
49 WONG, Charlotte	FR	247	Burnaby South	42	23:21.4	5:14.5
50 REGIO, Maya	FR	523	Riverside	43	23:28.9	5:22.0
51 FENG, Karen	SO	215	Burnaby North	-	23:46.2	5:39.3
52 SMITH, Emi	SO	390	Meadowridge S	-	23:50.5	5:43.6
53 VIRK, Henna	FR	528	Riverside	(44)	23:57.8	5:50.9
54 LAU, Charlotte	FR	277	Ecole Dr Charle	45	24:05.2	5:58.3
55 KRISTINA, Wiebe	SO	353	Heritage Wood	-	24:20.4	6:13.5
56 DOW, Alina	SO	389	Meadowridge S	-	24:41.6	6:34.7
57 BUSTOS HERNANDE	SO	239	Burnaby South	46	24:46.6	6:39.7
58 PRICHARD, Juliet	FR	281	Ecole Dr Charle	(47)	24:55.4	6:48.5
59 LIN, Sienna	FR	126	Archbishop Car	48	25:21.9	7:15.0
60 KOTHIYAL, Kashvi	SO	496	Port Moody Sec	49	25:22.6	7:15.7
61 ELGIE, Finnley	8	536	Samuel Robert	-	25:25.3	7:18.4
62 IACONIS, Mya	8	142	Burnaby Centra	-	25:26.8	7:19.9
63 SHI, Ariel	SO	504	Port Moody Sec	(50)	26:07.2	8:00.3
64 IRENE, Jang	SO	349	Heritage Wood	-	26:08.4	8:01.5
65 PARMAR, Natasha	FR	416	Moscrop Secon	(51)	26:14.0	8:06.1
66 JUNGEUN, Lim	SO	351	Heritage Wood	-	26:15.9	8:09.0
67 BARBOSA, Kate	FR	211	Burnaby North	-	26:24.2	8:17.3
68 MEGHARI, Tasnime	FR	222	Burnaby North	-	26:28.9	8:22.0
69 WONG, Ella	8	181	Burnaby Mount	-	26:31.5	8:24.6
70 HSU, Hanya	FR	412	Moscrop Secon	(52)	26:31.9	8:25.0
71 SIERRA INFANTE, Adr	FR	420	Moscrop Secon	(53)	26:34.2	8:27.3
72 KIM, Rachel	FR	241	Burnaby South	(54)	26:43.8	8:36.9
73 QU, Sophia	FR	503	Port Moody Sec	(55)	26:53.2	8:46.3
74 KUAN, Jenessa	FR	497	Port Moody Sec	(56)	26:54.0	8:46.1
75 EBRAHIMI, Sarina	SO	257	Byrne Creek Co	-	26:55.9	8:49.0
76 LI, Sarina	SO	499	Port Moody Sec	-	27:25.3	9:18.4
77 KIM, Hannah	SO	495	Port Moody Sec	-	27:41.6	9:34.7
78 SAID, Fatma	FR	590	Cariboo	-	27:59.6	9:52.7
79 HUTANU, Emma	SO	517	Riverside	(57)	28:38.2	10:31.
80 LAW, Christy	8	143	Burnaby Centra	-	28:40.0	10:32.

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 WIEBE, Sarah	8	229	Burnaby North	1	18:06.9	---
2 MOORE, Alexa	FR	356	Heritage Wood	2	18:11.9	5.0
3 WARREN, Julia	8	107	Alpha Secondar	3	18:15.1	8.2
4 SHEARCROFT, Sophi	8	579	Unattached	-	18:21.7	14.8
5 TAVIA, Lange	FR	360	Heritage Wood	4	18:29.0	21.1
6 LENNSTROM, Kallee	SO	608	Centennial	-	18:39.6	32.7
7 LILLIAN, Oliver-McLea	FR	354	Heritage Wood	5	18:39.8	32.9
8 PIESIK, Maya	FR	417	Moscrop Secon	6	18:43.7	36.8
9 WARREN, Samantha	SO	108	Alpha Secondar	7	19:06.2	59.3
10 NATALIE, Carson	FR	357	Heritage Wood	8	19:13.4	1:06.5
11 NEUMAN, Olivia	SO	521	Riverside	9	19:25.1	1:18.2
12 MAR, Evelyn	FR	564	St Thomas Mor	10	19:38.9	1:32.0
13 MCGINLEY, Ava	SO	128	Archbishop Car	11	20:00.0	1:52.1
14 VERGARA, Kaitlin	SO	527	Riverside	12	20:06.5	1:59.6
15 HASKINS, Daphne	8	411	Moscrop Secon	13	20:14.8	2:07.9
16 KWASNIAK, Alicja	SO	498	Port Moody Sec	14	20:17.3	2:10.4
17 ORRIO, Eider	SO	387	Maple Ridge Se	-	20:19.7	2:12.8
18 GRAY, Ashley	FR	216	Burnaby North	15	20:32.3	2:25.4
19 BALLANTYNE, Keira	SO	610	Centennial	-	20:34.0	2:26.1
20 RASTAD, Amanda	SO	283	Ecole Dr Charle	16	20:39.2	2:32.3
21 BRANT MAIA FRANQ	8	559	St Thomas Mor	17	20:43.4	2:36.5
22 WENG, Hannah	8	130	Archbishop Car	18	20:47.3	2:40.4
23 LEE, Michelle	FR	278	Ecole Dr Charle	19	20:48.4	2:41.5
24 SUN, Miranda	SO	227	Burnaby North	20	21:00.8	2:53.9
25 FINNEGAN, Olivia	FR	562	St Thomas Mor	21	21:12.3	3:05.4
26 MAHMOOD, Yusra	FR	244	Burnaby South	22	21:14.6	3:07.7
27 SHEN, Olivia	FR	588	Cariboo	-	21:15.8	3:08.9
28 PENG, Elizabeth	FR	129	Archbishop Car	23	21:18.5	3:11.6
29 SCOTT, Melissa	FR	225	Burnaby North	24	21:25.0	3:17.1
30 LEE, Cheryl	FR	589	Cariboo	-	21:34.8	3:27.9
31 JIA, Carolyne	SO	414	Moscrop Secon	25	21:34.9	3:28.0
32 ARDRON, Kaiya	SO	488	Port Moody Sec	26	21:38.8	3:31.9
33 HARBUT, Sofia	FR	106	Alpha Secondar	27	21:44.6	3:37.7
34 ORSER, Charlotte	8	567	St Thomas Mor	28	21:46.4	3:39.5

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Race #2
Jr Girls 4k (Junior)**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
81 LAIL, Semiah	FR	242	Burnaby South	(58)	28:42.0	10:34.
82 IACONIS, Eva	SO	141	Burnaby Centra	-	28:52.5	10:45.
83 BROWN, Abby	8	575	Thomas Haney	-	29:42.0	11:34.
-- BIANCA, Radu	SO	342	Heritage Wood	-		
-- MCANERIN, Kyra	SO	611	Centennial	-		
-- DUVALL, Sarah	SO	410	Moscrop Secon	-		
-- ARMSTRONG, Aisling	8	171	Burnaby Mount	-		
-- GUPTA, Ridhima	8	176	Burnaby Mount	-		
-- ZOZULIA, Taisiia	8	580	British Columbi	-		

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Race #3
Sr Boys 5k 2A (2A - Senior)
Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total
1 St Thomas More Coll	18	3-4-5-6(7)(8)	1:25:06
2 Samuel Robertson Te	22	1-2-9-10	1:32:42

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 DIXON-LAWLESS, Luc	SR	531	Samuel Robert	1	17:39.6	---
2 GRAHAM, Liam	JR	534	Samuel Robert	2	19:11.3	1:31.7
3 KAY, Daniel	JR	548	St Thomas Mor	3	19:45.8	2:06.2
4 SAHOTA, Jai	JR	554	St Thomas Mor	4	21:22.0	3:42.4
5 MELNYCHUK, Aaiden	SR	551	St Thomas Mor	5	21:34.8	3:55.2
6 LAURITZEN, Julian	JR	602	Cariboo	-	21:45.0	4:05.4
7 MADDALOZZO, Josep	JR	118	Archbishop Car	-	21:53.2	4:13.6
8 CHAU, Rylan	JR	539	St Thomas Mor	6	22:23.0	4:43.4
9 QIAN, Alan	JR	119	Archbishop Car	-	22:46.1	5:06.5
10 YSONZA, Jonathan	JR	558	St Thomas Mor	(7)	23:12.2	5:32.6
11 SAWYER, Daniel	SR	556	St Thomas Mor	(8)	24:40.4	7:00.8
12 ESPER, Max	JR	532	Samuel Robert	9	25:33.2	7:53.6
13 FISCHER, Linus	JR	533	Samuel Robert	10	30:17.4	12:37.

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Race #4
Sr Boys 5k 1A (1A - Senior)
Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total
1 John Knox Christian	7	1-2-4	1:04:50
2 British Columbia Chri	14	3-5-6(7)(8)	1:20:43

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 PITZEY, Sam	SR	388	Meadowridge S	-	17:53.0	---
2 LI, Timothy	JR	366	John Knox Chri	1	20:36.2	2:43.2
3 CHIU, Josh	SO	364	John Knox Chri	2	21:03.9	3:10.9
4 SHILLIN, Vladislav	SR	135	British Columbi	3	22:04.2	4:11.2
5 WONG, Christopher	JR	367	John Knox Chri	4	23:09.3	5:16.3
6 CHENG, Jonah	SR	132	British Columbi	5	27:32.6	9:39.6
7 TAI, Kenny	SR	136	British Columbi	6	31:06.2	13:13.
8 LAWRENCE, Samuel	SR	134	British Columbi	(7)	32:02.3	14:09.
9 CHAN, Joash	JR	586	British Columbi	(8)	33:31.9	15:38.

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Race #5 Sr Boys 5k 3A (3A - Senior)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total
1 Maple Ridge Second	11	1-2-3-5(20)(41)	1:14:09
2 Heritage Woods	54	4-6-19-25(32)(51)(54)	1:21:04
3 Riverside	57	8-9-10-30(33)	1:21:31
4 Burnaby Mountain Se	78	12-21-22-23(45)(48)(57)	1:24:16
5 Gleneagle Secondary	82	7-16-24-35(36)(39)(42)	1:23:42
6 Port Moody Secondar	85*	13-17-27-28(29)(31)(43)	1:24:51
7 Ecole Dr Charles Bes	85*	14-15-18-38(46)(58)	1:24:44
8 Burnaby North Secon	155	34-37-40-44(47)(49)(52)	1:27:49
9 Burnaby South Secon	194	11-59-61-63	1:40:21
10 Pinetree Secondary	206	26-56-60-64	1:42:30
11 Byrne Creek Commu	220	50-53-55-62	1:38:32

*Tiebreakers

Port Moody Secondary	13	17	27	28	29	Ecole Dr Charles Best Secondary
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INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 HEADLEY, Elijah	SR	377	Maple Ridge Se	1	17:30.7	---
2 WILSON, Eamon	SR	105	Alpha Secondar	-	18:03.7	33.0
3 SUGIYAMA, Rinto	JR	383	Maple Ridge Se	2	18:36.1	1:05.4
4 EVANS, Aidan	SR	376	Maple Ridge Se	3	18:41.4	1:10.7
5 COEN, McMurray	JR	334	Heritage Wood	4	18:51.7	1:21.0
6 NARESH, Dylan	JR	380	Maple Ridge Se	5	19:20.9	1:50.2
7 LA CHIMEA, Marco	JR	102	Alpha Secondar	-	19:34.8	2:04.1
8 CHAN, Alexander	JR	332	Heritage Wood	6	19:36.2	2:05.5
9 YAN, Kai	JR	309	Gleneagle Seco	7	19:36.5	2:05.8
10 FARMER, Santokh	SR	510	Riverside	8	19:36.9	2:06.2
11 KANVALINA, David	SR	447	Pitt Meadows S	-	20:02.1	2:31.4
12 ZYLKA, Martin	SR	513	Riverside	9	20:07.8	2:37.1
13 LIAO, James (Xiafan)	JR	511	Riverside	10	20:10.7	2:40.0
14 MENDOZA, Roan	SR	238	Burnaby South	11	20:21.1	2:50.4
15 FONG, Lucas	SR	151	Burnaby Mount	12	20:24.1	2:53.4
16 DOWDLE, Matthew	SR	455	Port Moody Sec	13	20:42.4	3:11.7
17 HEINRICHS, James	SR	266	Ecole Dr Charle	14	20:50.4	3:19.7
18 POLLARD, Lucas	JR	270	Ecole Dr Charle	15	20:53.2	3:22.5
19 ZHOU, Hanson	SR	311	Gleneagle Seco	16	20:57.5	3:26.8
20 DENG, Ryan	JR	454	Port Moody Sec	17	21:06.8	3:36.1
21 ENGLUND, Rowan	JR	261	Ecole Dr Charle	18	21:09.9	3:39.2
22 COLIN, McIntosh	JR	335	Heritage Wood	19	21:11.6	3:40.9
23 DOU, Zirui	JR	375	Maple Ridge Se	(20)	21:13.8	3:43.1
24 GHANASON, Evan	SR	152	Burnaby Mount	21	21:14.5	3:43.8
25 GIESE, Kaden	SR	154	Burnaby Mount	22	21:17.0	3:45.3
26 UNG, Tony	JR	401	Moscrop Secon	-	21:17.2	3:46.5

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
27 PODOGIROS, Anthony	JR	167	Burnaby Mount	23	21:20.3	3:49.6
28 DICKSON, Ronan	SR	293	Gleneagle Seco	24	21:22.6	3:51.9
29 KAEDEN, Chalanchuk	JR	336	Heritage Wood	25	21:24.7	3:54.0
30 COGHILL, Jeffrey	JR	433	Pinetree Secon	26	21:28.3	3:57.6
31 LEE, J.E	JR	461	Port Moody Sec	27	21:29.1	3:58.4
32 RUAN, Cody	SR	472	Port Moody Sec	28	21:32.0	4:00.3
33 LU, Laurence	SR	469	Port Moody Sec	(29)	21:35.0	4:03.3
34 PEARSE, Campbell	JR	512	Riverside	30	21:35.2	4:04.5
35 YUAN, Devon	JR	486	Port Moody Sec	(31)	21:35.7	4:05.0
36 AIDAN, Blackwell	JR	325	Heritage Wood	(32)	21:35.7	4:05.0
37 DOMINGO, Joseph	JR	509	Riverside	(33)	21:38.7	4:08.0
38 CHO, Josh-Sunghyun	JR	186	Burnaby North	34	21:43.9	4:13.2
39 DE LOZA NAVARRO,	JR	292	Gleneagle Seco	35	21:45.4	4:14.7
40 KORPUS, Matthias	JR	296	Gleneagle Seco	(36)	21:45.4	4:14.7
41 QUAN, Torin	JR	200	Burnaby North	37	21:46.6	4:15.9
42 DHIMAN, Veerin	JR	569	Terry Fox Seco	-	21:47.4	4:16.7
43 MOHLMANN, Steven	JR	268	Ecole Dr Charle	38	21:49.7	4:19.0
44 YORKE, Lucas	SR	310	Gleneagle Seco	(39)	21:51.9	4:21.2
45 BECKER, John	JR	182	Burnaby North	40	21:53.1	4:22.4
46 VON SCHEWEITZ, Col	SR	385	Maple Ridge Se	(41)	22:04.4	4:33.7
47 HAYES, Rumi	SR	294	Gleneagle Seco	(42)	22:10.8	4:40.1
48 XIAO, Jonathan	JR	481	Port Moody Sec	(43)	22:16.4	4:45.7
49 ZHANG, Boya	SR	209	Burnaby North	44	22:24.6	4:53.9
50 FAN, Vincent	SR	456	Port Moody Sec	-	22:36.2	5:05.5
51 HARDJOWASITO, Coli	SR	156	Burnaby Mount	(45)	22:36.8	5:06.1
52 MCLEAVY, Reid	JR	267	Ecole Dr Charle	(46)	22:39.4	5:08.7
53 QIAN, Alan	JR	119	Archbishop Car	-	22:46.1	5:15.4
54 WONG, Lucas	SR	207	Burnaby North	(47)	22:46.3	5:15.6
55 ROBERTSON, Adam	JR	605	Centennial	-	22:48.8	5:18.1
56 HOSKIN, Maxwell	SR	157	Burnaby Mount	(48)	22:59.1	5:28.4
57 MOLA, Nicholas	JR	196	Burnaby North	(49)	23:00.6	5:29.9
58 GUTIERREZ, Jesus	JR	252	Byrne Creek Co	50	23:00.9	5:30.2
59 CICHA, Philip	JR	333	Heritage Wood	(51)	23:01.4	5:30.7
60 CARDINAL, Atlin	JR	183	Burnaby North	(52)	23:03.0	5:31.3
61 LEE, Aiden	SR	298	Gleneagle Seco	-	23:14.7	5:44.0
62 GENERALOV, Tim	SR	251	Byrne Creek Co	53	23:19.0	5:47.3
63 PUNTELLO, TOMMAS	SR	426	New Westminst	-	23:21.2	5:50.5
64 VAN, Jack	JR	305	Gleneagle Seco	-	23:25.2	5:54.5
65 ALAM, Palmer	JR	327	Heritage Wood	(54)	23:28.9	5:58.2
66 GENERALOV, Andrey	JR	249	Byrne Creek Co	55	23:32.0	6:00.3
67 LI, Kevin - Kunyang	SO	436	Pinetree Secon	56	23:35.6	6:04.9
68 LAPIERRE, Brendan	JR	570	Terry Fox Seco	-	23:36.6	6:05.9
69 CHAN, Aidan	SR	185	Burnaby North	-	23:54.0	6:22.3
70 LIANG, Michael	SR	465	Port Moody Sec	-	24:19.9	6:49.2
71 CLARK, Elliot	SR	149	Burnaby Mount	(57)	24:20.1	6:49.4
72 LAM, Michael	SR	191	Burnaby North	-	24:23.7	6:53.0

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Race #5
Sr Boys 5k 3A (3A - Senior)
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
73 NGAMLUKSAMEEKH	JR	138	Burnaby Centra	-	24:28.7	6:58.0
74 LAU, Mikah	SR	160	Burnaby Mount	-	24:40.7	7:10.0
75 ZAKARIA, Jallal	SR	274	Ecole Dr Charle	(58)	24:47.2	7:16.5
76 CALLINGHAM, Mattias	SR	147	Burnaby Mount	-	24:54.3	7:23.6
77 REGGIO D'ACI, Mattia	SR	587	Burnaby South	59	25:09.9	7:39.2
78 CHERAWALA, Amm	SR	432	Pinetree Secon	60	25:17.0	7:45.3
79 LI, Kobe	SR	463	Port Moody Sec	-	25:21.1	7:50.4
80 BALLANTYNE, Ethan	SR	604	Centennial	-	25:43.3	8:12.6
81 HO, Thomas	SR	236	Burnaby South	61	25:45.3	8:14.6
82 SHIN, Jun	SR	204	Burnaby North	-	25:45.5	8:14.8
83 YANG, Jahau	JR	483	Port Moody Sec	-	25:54.7	8:24.0
84 WONG, Matthew	SR	480	Port Moody Sec	-	25:57.2	8:26.5
85 HANNA, James	SR	422	New Westminst	-	27:22.1	9:51.4
86 TSANG, Ivan	SR	476	Port Moody Sec	-	28:12.5	10:41.
87 YE, Colin	SR	485	Port Moody Sec	-	28:12.8	10:42.
88 PHAM, Aiden	SR	199	Burnaby North	-	28:20.0	10:48.
89 GENERALOV, Maxim	JR	250	Byrne Creek Co	62	28:39.3	11:08.
90 QIN, Jason	SR	613	Port Moody Sec	-	28:48.4	11:17.
91 KEFYALEW, Daniel	SR	237	Burnaby South	63	29:04.6	11:33.
92 NG, Noah	SR	397	Moscrop Secon	-	29:07.2	11:36.
93 WANG, Carson	JR	402	Moscrop Secon	-	30:16.8	12:46.
94 MANJARREZ-PERALT	SR	299	Gleneagle Seco	-	31:55.9	14:25.
95 RANGEL-LOPEZ, Rodr	JR	302	Gleneagle Seco	-	32:04.8	14:34.
96 LIU, Ray	JR	438	Pinetree Secon	64	32:08.4	14:37.
-- CHAN, Max	SR	131	British Columbi	-		
-- HARRIS, Isaac	SR	133	British Columbi	-		
-- PETERS, Jannik	JR	301	Gleneagle Seco	-		
-- TOOLSIE-WORSNUP,	SR	535	Samuel Robert	-		
-- WONG, Logan	JR	273	Ecole Dr Charle	-		
-- AARAV, Ahuja	SR	323	Heritage Wood	-		
-- CHALLA, Divyesh	SR	184	Burnaby North	-		
-- DE WETERING, Robin	JR	508	Riverside	-		
-- PERSOWICH, Carter	JR	166	Burnaby Mount	-		
-- MOSI, Liam	SR	425	New Westminst	-		
-- KAUS, Mason	SO	458	Port Moody Sec	-		
-- TIAN, Jerry	SO	474	Port Moody Sec	-		
-- XU, Brian	JR	482	Port Moody Sec	-		
-- MURAYAMA, Shinnos	JR	471	Port Moody Sec	-		
-- LIN, Matthew	JR	466	Port Moody Sec	-		
-- CHU, Markus	SR	453	Port Moody Sec	-		
-- JEONG, Daniel	JR	295	Gleneagle Seco	-		
-- MEYER, Nicholas	JR	300	Gleneagle Seco	-		
-- KURFIRST, Mario	SR	297	Gleneagle Seco	-		

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**Race #6
Sr Girls 5k 3A (3A - Senior)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total
1 Riverside	48	4-13-14-17(19)(31)(32)	1:35:40
2 Port Moody Secondar	49	1-2-7-39(42)(58)(62)	1:36:43
3 Heritage Woods	69	8-10-15-36(53)(60)(61)	1:38:52
4 Gleneagle Secondary	78	9-12-28-29(37)(45)(52)	1:39:37
5 Burnaby Mountain Se	80	16-20-21-23(30)(47)(55)	1:40:45
6 Ecole Dr Charles Bes	107	11-18-38-40(54)(56)(57)	1:44:37
7 Moscrop Secondary	110	6-27-33-44	1:45:32
8 Burnaby North Secon	116	24-25-26-41(43)(46)	1:45:34
9 Pinetree Secondary	120	3-34-35-48(49)(51)	1:47:10
10 New Westminster Se	136	5-22-50-59	1:50:39

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
35 HAYES, Leela	FR	316	Gleneagle Seco	28	26:07.7	3:39.6
36 CHOW, Emily	SR	315	Gleneagle Seco	29	26:09.6	3:41.5
37 NIJJAR, Anisha	JR	178	Burnaby Mount	(30)	26:15.4	3:47.3
38 HART, Jorja	JR	516	Riverside	(31)	26:59.3	4:31.2
39 CAMPANILE, Mikella	JR	514	Riverside	(32)	27:02.1	4:34.0
40 BREWER, Luciana	SR	407	Moscrop Secon	33	27:07.0	4:37.9
41 WONG, Lok Yee	JR	444	Pinetree Secon	34	27:22.8	4:54.7
42 SUN, Lorena	SR	443	Pinetree Secon	35	27:23.3	4:55.2
43 BRIDGET, Thiele-Croc	SR	343	Heritage Wood	36	27:39.1	5:11.0
44 STEINMETZ, Katharin	JR	245	Burnaby South	-	27:49.5	5:21.4
45 CHENG, Anita	SR	314	Gleneagle Seco	(37)	27:54.2	5:26.1
46 KING, Savannah	SR	276	Ecole Dr Charle	38	28:02.7	5:34.6
47 CHENG, Cindy	JR	491	Port Moody Sec	39	28:17.1	5:49.0
48 WANG, Yixue	SR	284	Ecole Dr Charle	40	28:17.5	5:49.4
49 WONG, Melinda	JR	232	Burnaby North	41	28:21.0	5:51.9
50 EBRAHIMI, Nadia	JR	493	Port Moody Sec	(42)	28:34.3	6:06.2
51 REALE, Julia	SR	223	Burnaby North	(43)	28:50.8	6:22.7
52 WHEATLEY, Olivia	SR	529	Riverside	-	28:55.0	6:25.9
53 CHEN, Gina	SR	409	Moscrop Secon	44	28:55.3	6:27.2
54 FARINA, Cecilia	SR	240	Burnaby South	-	28:55.9	6:27.8
55 CALINSIAN, Kalayla	SR	313	Gleneagle Seco	(45)	28:57.3	6:29.2
56 LO, Eva	JR	519	Riverside	-	29:16.8	6:48.7
57 GUO, Claire	SR	217	Burnaby North	(46)	29:27.4	6:59.3
58 BOPP CARRASCO, La	JR	173	Burnaby Mount	(47)	29:31.0	7:01.9
59 NORENA, Clara	JR	442	Pinetree Secon	48	29:31.9	7:03.8
60 LI, Charlotte (Chengxi	JR	441	Pinetree Secon	(49)	29:51.6	7:23.5
61 CASACUBERTA, CLA	JR	427	New Westminst	50	29:54.3	7:26.2
62 FIGINI, Maria	JR	439	Pinetree Secon	(51)	30:30.6	8:02.5
63 ZEPEDA ZENTENO, N	SR	321	Gleneagle Seco	(52)	30:31.7	8:03.6
64 MARISSA, Wu	SR	355	Heritage Wood	(53)	30:37.5	8:09.4
65 XING, Le-Yan	JR	285	Ecole Dr Charle	(54)	30:38.7	8:10.6
66 BOMBACH, Maya	SR	172	Burnaby Mount	(55)	30:40.3	8:12.2
67 OLSON, Zoe	SR	280	Ecole Dr Charle	(56)	31:09.1	8:41.0
68 DU, Angela	SR	275	Ecole Dr Charle	(57)	31:12.8	8:44.7
69 XU, Katherine	JR	505	Port Moody Sec	(58)	31:27.2	8:59.1
70 MILLER, Natasha	SR	318	Gleneagle Seco	-	31:50.3	9:22.2
71 RIZZO, GULIANA	SR	430	New Westminst	59	31:51.4	9:23.3
72 BROOKLYN, Morrey	SR	344	Heritage Wood	(60)	31:51.6	9:23.5
73 NOZOMI, Choy	SR	358	Heritage Wood	(61)	34:29.3	12:01.
74 PAREJA, Sofia	SR	501	Port Moody Sec	(62)	39:14.8	16:46.
75 GUAN, Dorothy	JR	576	Thomas Haney	-	41:43.1	19:15.
-- DUONG, Faith	SR	214	Burnaby North	-		
-- WESTON, Chloe	JR	362	Heritage Wood	-		
-- CHOI, Mackenzie	JR	345	Heritage Wood	-		
-- HARRIS, Lauren	SR	348	Heritage Wood	-		
-- TOMJANOVIC, Lara	JR	361	Heritage Wood	-		

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 BAINS, Daya	JR	489	Port Moody Sec	1	22:28.1	---
2 RICKETTS, Ella	SR	144	Burnaby Centra	-	22:31.0	1.9
3 CHEN, Clarissa	JR	490	Port Moody Sec	2	22:34.0	4.9
4 ARMBRECHT, Pia	JR	574	Thomas Haney	-	22:38.0	8.9
5 KORBELY, Paige	JR	440	Pinetree Secon	3	22:52.1	24.0
6 PERK, Emily	JR	522	Riverside	4	23:12.5	44.4
7 FLOOD, Nathalie	SR	428	New Westminst	5	23:18.6	50.5
8 ROBINSON, Kaelyn	JR	418	Moscrop Secon	6	23:23.4	55.3
9 DIHTIAROVA, Emilia	JR	492	Port Moody Sec	7	23:23.7	55.6
10 JUSTICE, Chalanchuk	JR	352	Heritage Wood	8	23:23.8	55.7
11 BROMLEY, Ava	JR	312	Gleneagle Seco	9	23:26.1	58.0
12 ISABELLE, Zeitler	JR	350	Heritage Wood	10	23:33.4	1:05.3
13 MEYANG, Manuela	JR	279	Ecole Dr Charle	11	23:45.5	1:17.4
14 CLAIRE, Neesha	JR	256	Byrne Creek Co	-	23:51.2	1:23.1
15 ZHOU, Fanghao	SO	322	Gleneagle Seco	12	23:53.8	1:25.7
16 SUSSEX, Avery	SR	525	Riverside	13	23:56.9	1:28.8
17 VAN JAARSVELD, Ela	JR	526	Riverside	14	24:07.4	1:39.3
18 ABBY, Mallow	JR	339	Heritage Wood	15	24:15.4	1:47.3
19 SUEN, Kay	JR	577	Thomas Haney	-	24:17.1	1:49.0
20 FONG, Tiana	FR	179	Burnaby Mount	16	24:19.2	1:51.1
21 ROBINSON, Danica	JR	524	Riverside	17	24:22.8	1:54.7
22 ZHU, Yin Ci	JR	286	Ecole Dr Charle	18	24:31.1	2:03.0
23 WEPRUK, Samantha	SR	246	Burnaby South	-	24:32.5	2:04.4
24 THAUBERGER, Julian	JR	145	Burnaby Centra	-	25:00.6	2:32.5
25 NEUFELD, Annabelle	JR	520	Riverside	(19)	25:04.4	2:36.3
26 BLASKOVANOVA, Kia	SR	386	Maple Ridge Se	-	25:09.5	2:41.4
27 CRUZ, Sarah	8	174	Burnaby Mount	20	25:24.4	2:56.3
28 WATSON, Siena	FR	180	Burnaby Mount	21	25:24.4	2:56.3
29 TALBOT, Corinna	JR	431	New Westminst	22	25:34.4	3:06.3
30 IORIO, Tianna	JR	177	Burnaby Mount	23	25:37.1	3:09.0
31 SHIN, Anette	JR	226	Burnaby North	24	25:41.6	3:13.5
32 ALFASHKHI, Marium	SR	210	Burnaby North	25	25:45.1	3:17.0
33 WONG, Kirsten	JR	231	Burnaby North	26	25:46.1	3:18.0
34 BURGESS, Leah	SR	408	Moscrop Secon	27	26:06.0	3:36.9

FRASER NORTH ZONE CHAMPIONSHIPS

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Race #6
Sr Girls 5k 3A (3A - Senior)
Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap
-- EBRAHIMI, Bahar	SR	346	Heritage Wood	-		
-- BOGANOTAN, Chris G	SR	212	Burnaby North	-		
-- LAVIE, Shany	SR	218	Burnaby North	-		
-- LIU, Catherine	SR	220	Burnaby North	-		
-- WONG, Erica	SR	230	Burnaby North	-		
-- LI, Charlotte	SR	219	Burnaby North	-		
-- REDLEFSEN, Coco	SR	224	Burnaby North	-		
-- ARLISS, King	JR	341	Heritage Wood	-		DNF
-- KELLY, Isla	JR	518	Riverside	-		
-- SUEN, Kody	JR	578	Thomas Haney	-		
-- JACOBS, Allison	JR	413	Moscrop Secon	-		
-- BALLA, Grace	SR	406	Moscrop Secon	-		
-- SAHOTA, Sonia	SR	419	Moscrop Secon	-		
-- KROLL, Hayley	JR	429	New Westminst	-		
-- GABEL, Vienna	SR	494	Port Moody Sec	-		
-- PALKOCI, Veronika	JR	500	Port Moody Sec	-		
-- JAMBOU, Gabriella	SO	317	Gleneagle Seco	-		
-- ORGANISTA-FIGUER	JR	320	Gleneagle Seco	-		
-- MILLER-FERNANDEZ,	FR	319	Gleneagle Seco	-		
-- MYDEN, Breeanna	SR	450	Pitt Meadows S	-		
-- PELLICANO, Melanie	SR	451	Pitt Meadows S	-		

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**Race #7
Sr Girls 5k 2A (2A - Senior)****Final Results****INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 HILLAR, Delfina	SR	537	Samuel Robert	-	23:49.8	---
2 BERTOIA, Ava	SR	599	Cariboo	-	24:31.8	42.0
3 GRECIA LYONS, Gabr	JR	563	St Thomas Mor	-	26:33.2	2:43.4
4 CASUMPANG, Olivia	JR	561	St Thomas Mor	-	27:16.1	3:26.3
5 OETOMO, Gabrielle	JR	566	St Thomas Mor	-	27:16.3	3:26.5
6 RENGGLI, Elodie	JR	600	Cariboo	-	27:53.0	4:03.2
7 LUNSTED, Isabella	JR	127	Archbishop Car	-	27:57.7	4:07.9
8 MOCNIK, Stefanie	JR	565	St Thomas Mor	-	28:52.3	5:02.5

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Race #8
Sr Girls 5K 1A (1A - Senior)

Final Results

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 SCOTT, Naomi	JR	369	John Knox Chri	-	28:19.6	---
2 IP, Ching Lam	JR	368	John Knox Chri	-	29:53.8	1:34.2